Impulse Dual Lat Pull Down / Seated Row

Details

The Impulse PL Dual Lat Pull Down and Seated Row is one of the eight key pieces within this high performing fixed resistance range. The Duals range has been designed with ease of use and ultimate functionality in mind. While the range only includes eight machines, each has a dual movement pattern that enables gyms to create a 16-station fixed resistance zone with half the equipment.

Each piece is designed and constructed to withstand the heavy use of busy commercial gym environments. At the same time, the design, setup and movements are all intuitive and easy to understand for users with varying levels of experience. This makes the PL range perfect for hotels, education facilities and commercial gyms alike where floor space is always at a premium.

Range Features

- Adjustable starting position to accommodate users of all sizes and to provide stability and comfort
- Highly visible yellow adjustment levers
- Sleek grey upholstery and silver frame fits in with all gym surroundings
- Dual use design offers more functionality in fewer fixed resistance stations

The Dual Lat Pull Down and Seated Row machine features:

- Dual function of Lat Pull-down and Seated Row offers various Lat exercises
- Supplied with extended Lat-pull Bar and Row Bar
- Detachable handles offer various rows and pulls, which target different muscle groups
- Adjustable thigh upholstery and fixed foot plate ensure users to take more weight
- Ideal machine for working the back (trapezius, rhomboids and latissimus dorsi), as well as shoulders and deltoids

PLEASE NOTE: Price includes delivery, assembly and commissioning in your facility