Junior Gym - parallel bars



Details

"Junior Gym" parallel bars from Continental's range of training aids and fun apparatus for the younger aspiring gymnast. The "Junior Gym" range is based on a set of interchangeable components to allow the user to switch between the different items of apparatus easily and at low cost.

The apparatus is freestanding and the width between the bars is easily adjusted using the simple sprung locating pins and thumbscrews in the bases.

The standard rails are manufactured in a similar way to our FIG standard asymmetric bars rail - a timber veneered fibreglass bar but with a slightly smaller diameter and slightly more flex. These rails will present modest spring or flex to the lighter junior gymnast but brings them close to the sensation of the senior apparatus.

Comprising:

- two zinc plated base rails with rubber feet
- two upright frames with short zinc plated inners,
- two veneered fibreglass rails

Junior Gym equipment specification:

- Age limit: Not hard and fast, but we expect up to 10 years old
- Weight limit: Approximately 7 stone but subject to coaches' discretion
- Base rail length: 2.00m
- Distance between uprights: 1.55m
- Short upright heights: 950mm-1,400mm
- Long upright heights: 1,550m-2,000mm

The image shows the unit being used complete with the Junior Gym safety mat which is available as an optional extra - please see the accessories tab for details

Continental's range of Junior Gym equipment is modular so you can buy a basic element and then add components to enable you to build the different elements in the range.

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