Freestanding bar trainer

Details

Multi-purpose freestanding bar trainer. This simple training device is ideal for gymnasts to learn on before moving up to the full size equipment.

The bar, which is identical in construction to our standard timber veneered fibreglass asymmetric bar, is 1m off the ground and 1m long. The supporting rails on the ground are 1.8m long.

This piece of equipment offers less flexibility than the full Junior Gym apparatus with the single bar being fixed height, but it is a great complement to the equipment you provide for junior gymnasts.