Junior Gym - double rebounder



Details

Double rebounder gymnastics training aid from Continental's Junior Gym range of training aids and fun apparatus for the younger aspiring gymnast. The "Junior Gym" range is based on a set of interchangeable components to allow the user to switch between the different items of apparatus easily and at low cost.

This rebounder is a fantastic training aid and strengthening device to enable the young gymnast to experience the sensation of being above the bar and for practising changes of grip while above the bar.

Comprising

- two zinc plated base rails with rubber feet
- two upright frames with short zinc plated inners
- two bungee cable systems with padded bungee covers
- one low rebounder rail complete with brackets and a solid timber standard rail.

Junior Gym equipment specification:

- Age limit: Not hard and fast, but we expect up to 10 years old
- Weight limit: Approximately 7 stone but subject to coaches' discretion
- Base rail length: 2.00m
- Distance between uprights: 1.55m
- Short upright heights: 950mm-1,400mm
- Long upright heights: 1,550m-2,000mm

Continental's range of Junior Gym equipment is modular so you can buy a basic element and then add components to enable you to build the different elements in the range.