Roof mounted height adjustable handrings



Details

We manufacture and install gymnastic hand rings that incorporate a height adjustment facility to permit ring training at different heights above the ground.

The rings are fixed to a load bearing roof beam (or secondary steelwork provided for the purpose) and incorporate a wall fixed tie off cleat which incorporates the height adjustment.

Typical height range is from 300mm above the floor to 2.8m above the floor (competition ring height). The rings are attached to a steel spacer bar 3m above the rings to give the same angle between the rings as in a ring frame.

Following a site survey, we design and manufacture suitable support bracketry to suit your roof beam. Continental technicians then install the rings and the wall fixed tie off cleat.

If you have a multi-use space (e.g. a sports hall or activity space) then we strongly recommend the optional padded cover that is available to cover the wall fixing. This may not be needed (following your risk assesment) in a dedicated facility.

The price shown includes a site visit to measure your roof beam. A modest Area Charge will be added to your basket at checkout to cover the costs of travel to site. You do not have to commit to your purchase until you have seen that charge.