

# SPIETH - Training beam

1414TRAIN



## Details

Designed for training, this Club Training Beam from Spieth incorporates an aluminium body with an extremely elastic filling to provide great shock absorption.

The shock absorption is ideal to reduce the the impacts on the gymansts joints from high training frequency

Complete with soft rubber end caps

The beam bodies are standard 10cm wide and are available in two lengths:

- Junior - 3m
- Standard - 5m

Both lengths are supplied on fixed timber feet to give an overall height of 30cm

SKU	Options	Available Colours
1414076	3m	N/A
1414302	5m	N/A