

SPIETH - Rollable balance beam for training



Details

This SPIETH foam practice beam is the same length and width as a standard ladies beam: $5m \log x \cdot 10cm$ wide $x \cdot 2.5 cm$ thick

This plastic beam with elastic balancing surface provides a competition size beam for floor level practice.

Features:

- Ideal for practising at home
- Same shape as a real beam
- Easy to store away
- Elastic surface
- · Safer practice at floor level