

# Height adjustable training high bar



## Details

Ref. 275A height adjustable high bar with easy height adjustment

Adjustable in 200mm increments between:

- 0.95m - minimum
- 2.75m - maximum

Supplied with a polished steel horizontal bar, but also fits an asymmetric bar wood (available at additional cost) and can be used at standard asymmetric bar heights of 2.4m and 1.6m.

Supplied with quick cable tensioning system

Please note this training high bar utilises fixed height uprights that protrude above the bar as the bar is lowered. This enables quick height adjustment without requiring adjustment of the cables, so this is our recommended high bar for frequent height adjustment. If you prefer telescopic uprights that do not project above the bar, please refer to our [club model high bar](#).