

Double grip medicine balls

OFDGMB



Details

Double Grip Medicine Balls allow for a different range of workouts to traditional medicine balls as the user is able to lift greater weights.

The colour coded design allows for easy identification of weights and also adds colour and vibrancy to the surrounding workout environment.

Approximate diameter of each double handle medicine ball is 265mm

- Training aid for core strength, balance, stability, coordination, flexibility and speed
- Dynamic and versatile piece of fitness equipment
- Black textured finish, adds grip, making it safer to handle
- The colour coded design allows for easy identification
- Perfect for personal or group fitness

Available in the following weights:

| Weight | Colour (Black with colour-coded weight identifier) |
|--------|--|
| 6kg | Blue |
| 7kg | Purple |
| 8kg | Yellow |
| 9kg | Green |



10kg Orange



| SKU | Options | Available Colours |
|------------|---------|-------------------|
| OFTS12116 | 6kg | N/A |
| OFTS12117 | 7kg | N/A |
| OFTS12118 | 8kg | N/A |
| OFTS12119 | 9kg | N/A |
| OFTS121110 | 10kg | N/A |