Anti-burst gym ball

OFTS1202XX



Details

Gym balls can be used for a variety of exercises that target core muscles and increase users stability, strength, balance and range of motion.

Gym balls are available in three colour-coded sizes and are perfect for a home or gym workout whether your workout includes leg lifts, abdominal crunches or adding dimension to your push ups.

- Anti-burst
- Supplied with a hand-pump for inflation
- Targets core muscles
- Increase strength, stability, balance, flexibility and range of motion
- Available in three sizes:
  - Blue - 55cm diameter
  - Red - 65cm diameter
  - Silver - 75cm diameter

SKU	Options	Available Colours
OFTS120255	55cm	N/A
OFTS120265	65cm	N/A
OFTS120275	75cm	N/A