Weighted gym ball

OFWTDGBXX

Details

Weighted gym balls can be used for a variety of exercises that target core muscles and increase users stability, strength, balance and range of motion.

Each Gym Ball has a textured surface for added grip as well as a denser/heavier material base - this reduces the amount of ball movement between workouts and means the gymball should always return back to its upright position ready for use and in the location it was left.

The dimpled surface texture provides extra grip.

Weighted Gym Balls are supplied with their own hand-pump for inflation.

- Anti burst gym balls available in three colour-coded sizes:
  - Silver / Yellow - 55cm
  - Silver / Blue - 65cm
  - Silver / Red - 75cm
- Weighted bottom reduces amount of ball movement in-between workouts
- Dimpled texture provides extra grip
- Textured surface provides grip

SKU	Options	Available Colours
OFWTDGB55	55cm	N/A
OFWTDGB65	65cm	N/A
OFWTDGB75	75cm	N/A