Olympic weight plates - rubber

OFTS4110X

Details

Olympic rubber weight plates are suitable for use in Powerlifting and other heavy duty weightlifting programmes.

Designed with a triple handle feature which allows for improved grip and greater handling.

Integrated separators create a gap which allows easy access to grip the plates when putting on, or taking off, the bar.

The rubber material reduces the noise made from the plates coming in contact with each other are specifically designed for staple heavy lifting exercises such as Bench Press and Squat.

Available and sold individually (i.e. if you require a pair of plates of a specific weight you should add the quantity 2 to your basket) and also in sets:

- 1.25kg
- 2.5kg
- 5kg
- 10kg
- 20kg
- 25kg
- SET of incremental plates:10kg comprising 2x2.5kg, 4x1.25kg
- SET of 117.5kg: 4x20kg, 2x10kg, 2x5kg, 2x2.5kg, 2x1.25kg
- SET of 160kg: 2x25kg, 2x20kg, 2x15kg, 2x10kg, 2x5kg, 2x2.5kg, 4x1.25kg
- LIGHT SET for plate loaded machines (100kg)
- MEDIUM SET for plate loaded machines (200kg)
- HEAVY SET for plate loaded machines (300kg)

PLEASE NOTE: Due to the varying diameters of these plates, they should not be used in exercises in which the bar, and/or weight plates are dropped, or lowered to the floor in a less than controlled manner. For exercises like these we recommend Olympic Bumper Weight Plates as they have the same diameter, and

therefore will disperse the force of impact evenly, reducing the risk of damaging the floor or the plates.

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SKU	Options	Available Colours
OFTS41101	1.25kg	N/A
OFTS41102	2.5kg	N/A
OFTS41103	5kg	N/A
OFTS41104	10kg	N/A
OFTS41105	20kg	N/A
OFTS411025	25kg	N/A
OFOROWPSET1175	117.5kg SET	N/A
OFOROWPSET160	160kg SET	N/A
OFOROWPSET10	Incremental set (10kg)	N/A
OFROWP100SET	LIGHT set (100kg)	N/A
OFROWP200SET	MEDIUM set (200kg)	N/A
OFROWP300SET	HEAVY set (300kg)	N/A