Gym timer



Details

This Gym Timer is the perfect timer for any kind of gym or fitness studio environment. With seven different program types and remote control, it is an ideal tool to keep circuits, HIIT, CrossFit and bootcamp sessions in time.

The 10-second countdown feature can easily be turned on or off and the timer also features a very clear beep to indicate the start/end of intervals or the commencing a of timer after the countdown period.

Seven Different Timer Modes

The timer offers instructors a high level of choice and customisation in how they program their sessions through the following features;

- Clock Function
- Interval Timer (Custom)
- Count Up Timer (Custom)
- 20 Minute Countdown
- Fight Gone Bad Timer
- Tabata Timer
- Stopwatch

Timer also includes an infrared remote control (batteries not included) and DC 12V/2A power supply.

A user manual included in the box and offers clear and concise instruction on how to operate the clock.