Air balance trainer



Details

The Commercial Air Balance Trainer is a fantastic balance and core strengthening tool for functional training

The trainer is supplied with a hand-pump for inflation.

The unit is 655mm in diameter, and when inflated is approximately 245mm tall. The unit also comes with detachable handles and 6 small feet on the bottom providing 10mm ground clearance. Before stretching and at time of purchase the handles' tubes are 700mm in length.

Features:

- Complete with pump and resistance tube handles
- Resistance tube handles detach
- Perfect to enhance stability, strength, agility and core exercises
- 6 small feet under the base provides a 10mm ground clearance
- Rubber Latex handles provides stretch and tension training