Speed ropes

OFSPDSKIPXX



Details

This Speed Rope is flawless in its design, perfectly balanced out weight provides an efficient workout. Performing unbeatable speeds due to the plastic coated steel cable.

Functionality

The Speed Rope is designed to improve and enhance the users skill - mastering Double-Unders and many more.

Adjustable

Supplied with an easy friction tight screw mechanism to adjust the length of the rope to fit any user.

Well Balanced

The Origin Speed Rope handles are specifically lighter than the rope, this provide a smooth and comfortable workout

Features:

- Excellent for beginners - elite to enhance their footwork, endurance and over all skill
- Easily Adjustable to fit any height
- Coated Cable provides extra speed and durability
- Lighter handles with a heavier rope - provides a well balanced workout
- Bearings on each of the handles for easy and quick rotations

The Speed Rope is available in two colours:

- Black
- Red

SKU	Options	Available Colours
OFSPDSKIPBK	{%options%}	
OFSPDSKIPRD	{%options%}	

Continental Sports Limited. Hill Top Road, Paddock, Huddersfield, West Yorkshire HD1 4SD. Registered in England & Wales No: 00830200. VAT No: 516 3500 76

Telephone: 01484 542051 | Fax: 01484 539148 | Email: sales@contisports.co.uk