# VERSA - Diverging Seated Row




## Details

The attractive full commercial quality VERSA range from Matrix features:

- Consistent weight stack height across the range for a sleek, uniform looking fitness suite
- Action specific ergonomically designed grips
- Gas-assisted seat adjustment for smoother and easier height adjustment
- Electronic rep counter and timer to track rep numbers, rest and exercise times
- Ergonomic adjustment handles for ease of use
- Heavy weight stack providing suitable challenge for all levels of users
- Incremental weights for micro-adjustment between major plates

This Diverging Seated Row machine provides independent cable movement through a user-defined path of motion with independent arm loading

Features:

- Adjustable chest pad accommodates users of all sizes
- Rotating grips provide maximal comfort and ergonomic hand positioning throughout range of motion
- Weight stack: 104kg (230lb)
- Incremental weight: 2.3kg (5lb)