VERSA - Bicep Curl



Details

The attractive full commercial quality VERSA range from Matrix features:

- Consistent weight stack height across the range for a sleek, uniform looking fitness suite
- Action specific ergonomically designed grips
- Gas-assisted seat adjustment for smoother and easier height adjustment
- Electronic rep counter and timer to track rep numbers, rest and exercise times
- Ergonomic adjustment handles for ease of use
- Heavy weight stack providing suitable challenge for all levels of users
- Incremental weights for micro-adjustment between major plates

This Bicep Curl machine features:

- Arm pad is angled for stability, and limits unwanted shoulder movement during exercise
- Optimized pivot location creates biomechanically correct range of motion
- Weight stack: 91kg (200lb)
- Incremental weight: 2.3kg (5lb)