ULTRA - Abdominal Crunch



Details

The powerful and comfortable ULTRA Series gives you the most advanced functionality with an intuitive design that couldn’t be easier to operate. All ULTRA Series equipment is designed for smooth converging and diverging movements to encourage a natural path of motion and enhance user comfort.

Features of the ULTRA Series:

- **User Amenities** All single-station units offer a convenient accessory pad, personal device holder and towel hook.
- **Incremental Weights** Easy to access and reference from the seated position.
- **Electronic Rep Counter** Tracks reps, activity time and rest time for a streamlined workout experience.
- **Independent Converging/Diverging Motion** Encourages a natural path of motion to enhance comfort.
- **Exercise Placards** Easy-to-read reference cards highlight targeted muscle groups and proper machine use.
- **Action Specific Grips** Ergonomically designed to reduce stress on contact points while enhancing feel, function and form.

Features of the Abdominal Crunch machine:

- Curved back pads for full muscular contraction and comfort
- Self-aligning handles adjust to accommodate a variety of users
- Dual-supported pivoting design fosters natural abdominal crunch motion
- Elbow pad wear covers improve upholstery performance in high contact areas

ULTRA machines are available with the **Intelligent Training Console** - a digitally connected, guided experience with step-by-step equipment instruction. The intuitive interface makes it easy to identify benchmark weight and start a personalized progression program. Review previous workouts to chart development, and maximize results to reach individual goals more efficiently than ever. Please contact us for details of pricing of this add-on.