Impulse Encore Elliptical Cross Trainer



Details

The Impulse Encore Elliptical Cross Trainer is a full commercial quality elliptical cross trainer ideal for educational settings

Features:

- Handlebars - The large ergonomic handles features two position options, with heart rate contact sensors on front handlebars.
- Pedals - The large pedals feature a grippy texture and are ergonomically correct in position which provides the ultimate natural motion.
- Wheels - The transportation wheels allows users to easily and safely move the unit.
- Brake - The incorporated self-generating brake system allows user to "free-wheel". This means when the user stops exercising the pedals stop with them.
- Resistance Levels - An important feature in almost all areas of fitness and exercise is the ability to progress and regress. The ability to change the resistance levels allow users to begin with light resistance and increase it as their strength and stamina improves. It also allows for a more varies workout - which is important for doing interval or sprint style training.
- Power Requirements The Encore elliptical is completely self powered. Just a few turns of the pedals with activate the console and it will continue to stay activated until you are finished your workout.

Console Feedback:

- Speed, Time, Watts, Calories, RPM, Distance, Heart Rate, Resistance Level

Assembled Dimensions: 176cm Long x 82cm Wide x 160cm High

PLEASE NOTE: This item is delivered flat-packed and requires some self-assembly. Please contact us if you require a cost for installation and commissioning in your facility