# Origin Multi-Adjustable Olympic Bench



## Details

The bench has five weight catchers to enable safe usage without a spotter and features an integral bench to provide the benefits of:

- Flat Olympic Bench
- Decline Olympic Bench
- Incline Olympic Bench

All in one space-saving compact unit.

The bench is also adjustable in position within the unit to provide the ability to target specific areas of individual muscles

Complete with 4 integral weight pegs for plate storage

***PLEASE NOTE:*** The bench is supplied without weight plates or lifting bar which must be purchased separately.