Impulse IF93 Leg Press



Details

Impulse IF93 Leg Press machine

The Leg Press allows users to strengthen the leg muscles including the glutes, quads, and hamstrings from a comfortable seated position. Working on a fixed plane of movement it ensures correct form and technique and is an essential lower body tool for improving power, mass, and strength. The large foot plate provides a number of different ways to target muscle groups based on footing position and can even be used to increase ankle strength via the foot platform rotation.

The leg press machine is specifically designed for entry level studios and commercial gyms and offers a complete functional package that is easy to maintain.

The specially designed pads have different angles to allow them to suit different users to target muscles with greater effect through a full range of motion.

Key Features

- Adjustable back cushion to make training more comfortable
- Allows focus on development of muscles in the gluteus, quads and hamstrings
- Large foot support

PLEASE NOTE: This item is delivered flat-packed and requires some self-assembly. Please contact us if you require a cost for installation and commissioning in your facility