Impulse IF93 Assist Chin/Dip Combo



Details

Impulse IF93 Weight Assisted Chin/Dip machine

The chin/dip assist machine is ideal for training latissimus dorsi, triceps, biceps, deltoid, and serratus anterior. The weight stack makes performing pull-ups or dips easier by offsetting the effects of bodyweight. This makes it a great machine for beginners wanting to learn the fundamentals of these exercises.

The assisted chin/dip machine is specifically designed for entry level studios and commercial gyms and offers a complete functional package that is easy to maintain.

The specially designed pads have different angles to allow them to suit different users to target muscles with greater effect through a full range of motion.

Key Features

- Multi grip handles allow muscle groups to be targeted from a range of angles
- Knee pad designed for comfort during exercise
- Assisted foot support makes it easier to get on and off the machine
- Weight stack makes it easier for beginners to learn how to perform pull-ups or dips

PLEASE NOTE: This item is delivered flat-packed and requires some self-assembly. Please contact us if you require a cost for installation and commissioning in your facility