Impulse IF93 Prone Leg Curl



Details

Impulse IF93 Prone Leg Curl machine

The prone leg curl machine allows users to train their calf muscles, hamstrings, and adductors. Users simply select an appropriate weight and adjust the roller pad into a suitable position, then through curling leg muscles can be trained effectively. It features a tilted arm cushion and hip pad which is shaped to provide extra support on the spinal column and helps user to keep the hips stable while in a seated position.

This prone leg curl machine is specifically designed for entry level studios and commercial gyms and offers a complete functional package that is easy to maintain.

Key Features

- Foam rollers can be securely locked in a range of positions
- Ergonomically designed seat, chest and back pad made of polymer material for maximum comfort
- Easily adjustable weight stack
- Dual handles provide extra grip and support during intense training sessions

PLEASE NOTE: This item is delivered flat-packed and requires some self-assembly. Please contact us if you require a cost for installation and commissioning in your facility