Impulse IF93 Inner Thigh



Details

Impulse IF93 Inner Thigh machine

The inner thigh machine allows users to work out the adductor and abductor muscle groups in leg muscles. Users can effectively work out the inside and outside of thigh by adducting or abducting the two sides of thigh simultaneously after choosing the appropriate weight. An abductor machine is great for strengthening the thighs and glute muscle, are great for complimenting as part of a full lower body workout and this machine is ideal for commercial or studio gym environments.

Key Features

- User-friendly design allows easy entry and exit from the machine
- Weight stack in front of users for privacy purpose
- Easily adjustable starting position offers a wider range of motion
- Pin selection for easy adjustment of weight stack

PLEASE NOTE: This item is delivered flat-packed and requires some self-assembly. Please contact us if you require a cost for installation and commissioning in your facility