Vision Strength - Hip Abductor / Adductor



Details

If your people are striving to strengthen their hips, glutes and knees, our space-efficient, selectorized hip abductor / adductor dual station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start strengthening their hips, glutes and knees.

SPECIFICATIONS

Adjustments	
User Adjustment Range	8 user start options
Color-coded Pivots & Points of Adjustment	Yes
Frame & Cables	
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations
Frame Finish	Proprietary two-coat powder process
Frame Color	Matte Black
Tech Specs	
Overall Dimensions	80.0 x 177.5 x 170.5 cm / 31.5” x 69.9” x 67.1”
Product Weight	233.5 kg / 514 lbs.
User Amenities	
Placard Color Coding	Green (lower body)
Instructional Placards	Muscle call outs, start and finish exercise illustrations
Contoured seat	Yes
Weight Stack	
Consistent Stack Height	Yes
Weight Plate Increments	6.8 kg / 15 lbs.
Weight Stack Guarding	Full front and rear shields
Total Stack Weight	100 kg / 220 lbs.