Vision Strength - Lat Pulldown / Seated Row



Details

Help your people focus on their lats and major back muscles with a space-efficient, selectorized lat pulldown / seated row dual station that’s tougher than you can imagine and more comfortable than you’d expect. It’s been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start enhancing their lats and back.

SPECIFICATIONS

Adjustments

User Adjustment Range	N/A
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Finish	Proprietary two-coat powder process
Frame Color	Matte Black
Machine Anchoring	4 anchoring locations
Cable Transmission	Internally lubricated cables and fittings

Tech Specs

Product Weight	219 kg / 482 lbs.
Overall Dimensions	120.5 x 201.0 x 215.0 cm / 47.4” x79.1” x 84.6”

User Amenities

Contoured seat	Yes
Placard Color Coding	Yellow (upper body)
Instructional Placards	Muscle call outs, start and finish exercise illustrations

Weight Stack

Weight Plate Increments	6.8 kg / 15 lbs.
Total Stack Weight	100 kg / 220 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields