CONTINENTAL

Vision Strength - Biceps / Triceps



Details

Help your people tone and build the muscles of their arms with a space-efficient, selectorized biceps / triceps dual station that's tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start refining and enhancing their arms.

SPECIFICATIONS

Continental Sports Limited. Hill Top Road, Paddock, Huddersfield, West Yorkshire HD1 4SD. Registered in England & Wales No: 00830200. VAT No: 516 3500 76



Adjustments	
User Adjustment Range	N/A
Color-coded Pivots & Points of Adjustment	Yes
Frame & Cables	
Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	4 anchoring locations
Cable Transmission	Internally lubricated cables and fittings
Tech Specs	
Product Weight	181.3 kg / 399 lbs.
Overall Dimensions	84.0 x 159.0 x 215.0 cm / 33.1" x 62.6" x 84.6"
User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations
Contoured seat	N/A
Placard Color Coding	Yellow (upper body)
Weight Stack	
Total Stack Weight	68.2 kg /150 lbs.
Consistent Stack Height	Yes
Weight Plate Increments	6.8 kg / 15 lbs.
Weight Stack Guarding	Full front and rear shields