

# Vision Strength - Ab / Low Back



## Details

Give the people you serve a chance to get a great core workout with a space-efficient, selectorized ab / low back dual station that's tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start improving their core strength.

## SPECIFICATIONS

### Adjustments

Color-coded Pivots & Points of Adjustment	Yes
User Adjustment Range	5 user start options

### Frame & Cables

Frame Color	Matte Black
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations
Frame Finish	Proprietary two-coat powder process

### Tech Specs

Overall Dimensions	126.5 x 113.0 x 170.5 cm / 49.8" x 44.5" x 67.1"
Product Weight	223 kg / 491 lbs.

### User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Red (core)
Contoured seat	Yes

### Weight Stack

Total Stack Weight	100 kg / 220 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields