Vision Fitness Back Extension Bench

Details

The Vision Fitness back extension bench lets dedicated strength training enthusiasts take on posterior chain exercises to strengthen and stabilize lower back muscles, hamstrings and glutes. It’s been tested to withstand hard use in tough environments, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra- stable design is as easy-to-use as it is low-maintenance.

- Easily adjusts to 13 positions to comfortably accommodate varying user sizes
- Angled bench design makes it easy to enter and exit
- Molded polyurethane foam pads and contoured touchpoints
- Built-in band pegs allow for resistance training
- Nonslip footpads and lower leg pads enhance comfort and stability

SPECIFICATIONS

Frame	
Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Tech Specs	
Overall Dimensions	134.3 x 93.8 x 99.9 cm / 52.9" x 36.9" x 39.3"
Product Weight	44 kg / 97 lbs.

Tech Specs

Max User Weight	150 kg / 330 lbs.
Max Training Weight	25 kg / 55 lbs.

User Amenities

Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training