

MATRIX

LIFESTYLE

RECUMBENT CYCLE

Offer low-impact cardio exercise to people of all ability levels with our streamlined recumbent design.



Our Lifestyle Recumbent Cycle is ideal for multi-family housing, small hotels, corporate facilities and municipal buildings. A compact footprint helps you make the most of your space, while a recumbent design with an ergonomic seat and back distributes weight for superior support.

Contoured handlebars fit the hand naturally, Ergo Form seat and back pad make even long rides comfortable, and self-balancing pedals make it quicker and easier to get started.



Conveniently placed controls provide tactile feedback, and step-through design offers easy entry and exit. Includes bottle holder and accessory tray.



Three-piece crank with forged arms and integrated pullers streamlines service to minimize downtime.

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Choose what kind of console technology you pair with your equipment, providing experiences that span from beautifully simple to digitally connected and rich with entertainment. You can also access our most powerful Connected Solutions with WiFi-enabled consoles, including Personal Trainer Portal, Workout Tracking Network and Asset Management.



CONSOLE SPECS	TOUCH	PREMIUM LED	LED	GROUP TRAINING LED
Display	41 cm / 16" class capacitive touchscreen LCD	8,000 pixel multi-color LED	Large number LED with message center	
Workouts	12	9	7	Manual
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
Fan	Yes		No	
Analog TV	NTSC, PAL, SECAM		Optional; attachable add-on TV	
Digital TV	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2		Optional; attachable add-on TV	
IPTV	Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS		No	
Pro:Idiom Compatibility	Optional; IPTV and coax		Optional; attachable add-on Pro:Idiom TV (≠ IPTV)	
WiFi	Yes		Optional; required for Asset Management and/or Workout Tracking Network app	
Bluetooth	Yes; smartphones, headphones, heart rate	Yes; heart rate	No	
ANT+	Yes; heart rate		No	
RFID Wireless Login	Yes		Optional	
Connects to Apple Watch	Yes	Optional	No	
Made for iPhone, iPad, iPod	Yes		No	
USB Port	Yes; device charging, device media, software updates		Yes; device charging, software updates	
Wireless Charging (Qi)	Yes		No	
CSAFE Ready			Yes	
Auto Wake-up	Yes		No	
FRAME SPECS				
Resistance System	Brushless generator			
Minimum Watts	2 W powered or 10 W self-powered			
Minimum RPM	10 RPM powered or 25 RPM self-powered			
Pedal Spacing	20.2 cm / 8"			
Seat Material	Custom one-piece, molded seat back and bottom			
Seat Adjustment	Single-hand lever			
Handlebar Design	Seat side; front ergo bend			
Crank Design	Three piece with forged arms and integrated puller			
Top-down Levelers	No			
Contact & Telemetric HR	Yes			
Rear-lift Handle	No			
Max User Weight	182 kg / 400 lbs.			
Ethernet Connectivity	Yes			
Assembled Dimensions	158.3 x 67.3 x 132.7 cm / 62.3" x 26.5" x 52.2"			
Power Requirements*	100-240 V — 50/60 Hz AC	Self-powered or 100-240 V — 50/60 Hz AC		

*Power recommended for connectivity features