



A SMOOTH, NATURAL EXERCISE EXPERIENCE

The whisper-quiet suspension design of the S60 provides an exceptionally smooth, natural exercise experience that protects the user's joints while engaging the whole body. Refined ergonomic details and an easily accessible design make it easy for anyone to get started and have a comfortable workout.

SUSPENSION ELLIPTICAL

Frame Type	Suspension Elliptical Trainer
Stride Length	53.4 cm / 21"
Step-on Height	23 cm / 9"
Power Incline	No
Resistance System	2-stage generator
Resistance Range	1-25
Pedal Type	Oversized with rubber inserts
Pedal Spacing	5.1 cm / 2"
Handlebar Type	Standard foam grips and stationary with contact heart rate grips
Extras	Water bottle holder, reading rack
Assembled Dimensions	186 x 75 x 164 cm / 74" x 29.5" x 64.5"
Assembled Weight	140 kg / 308 lbs.
User Weight Capacity	182 kg / 400 lbs.
Electrical Requirements	Self-powered

CONSOLE

Display	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Programs	Manual, Interval, Fat Burn, Random, HR Weight Loss, HR Interval, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal
Heart Rate	Contact grips, wireless receiver



Specifications subject to change without notice.



## NATURAL MOVEMENT & ENTERTAINMENT

Our low-maintenance S600E Elliptical offers whisper-quiet, low-impact movement that engages the whole body, plus exercise that entertains. It features a smooth-moving suspension design, refined ergonomic details and an accessible frame that makes it easy for virtually anyone to start a comfortable workout. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.



### SUSPENSION ELLIPTICAL

Frame Type	Suspension Elliptical Trainer
Stride Length	53.4 cm / 21"
Step-On Height	23 cm / 9"
Power Incline	No
Resistance System	2-stage generator
Resistance Range	1-25
Pedal Type	Oversized with rubber inserts
Pedal Spacing	5.1 cm / 2"
Handlebar Design	Dual action and stationary with heart rate grips
Extras	Water bottle holder, reading rack
Assembled Dimensions (L x W x H)	186 x 75 x 164 cm / 74" x 29.5" x 64.5"
Assembled Weight	146.5 kg / 323 lbs.
User Weight Capacity	182 kg / 400 lbs.
Power Requirements	By power adapter, output: 12 V DC, 5 A

### CONSOLE

Display Type	16" class capacitive touchscreen LCD
Workouts	Go, manual, Sprint 8, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts, time goal, distance goal, calorie goal, fitness tests, custom
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
Analog TV	Optional; NTSC, PAL, SECAM
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
Pro:Idiom Compatibility	Optional; via coax
WiFi	Yes
USB Port	Yes; device charging, device media, software updates
HDMI IN Port	Yes; screen cast of smart devices which support HDMI out to console
CSAFE Ready	Yes

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