

## www.continentalsports.co.uk

## **MULTI HEIGHT PRACTICE NET**



**IMPORTANT** - It is imperative that all wall fixed posts are removed from the wall when not in use to prevent injury to users of the hall playing other sports.

- 1. Attach the wall fixed posts using the supplied thumbscrews
- 2. Position the intermediate posts along the hall (typically between the badminton courts)
- 3. Select a net height and extend the telescopic intermediate posts to the relevant height securing in place using the thumbscrews.
- 4. Suspend the nets from one wall mounted post, over the V-channel in the top of each intermediate post and onto the opposite wall mounted post.
- 5. If necessary, tighten the net headline using the bottle screw at the end of the net headline
- 6. To remove the arrangement, reverse the above steps
- 7. Regularly check all items for wear. If replacements are necessary, contact Continental.

See recommendations in the Continental maintenance manual concerning regular maintenance inspections and reports.