

## **NETBALL POSTS - COMPETITION - ANCHORED VERSION**



## **OPERATION**

- 1. Put netball posts in place
- 2. Attach the thumbscrews through the base of the post into the anchors in the floor and tighten until the base is held firmly against the floor
- 3. Adjust the height of the post using the thumbscrew towards the top of the upright to remove the ring and re-install it to achieve junior or senior heights.

See recommendations in the Continental maintenance manual concerning regular maintenance inspections and reports.