



www.continentalsports.co.uk

OVERHEAD ROPE TRACKWAY



TO SET UP FOR USE

1. All accessories are in their stored position against the wall of the gymnasium
2. Unfasten the webbing strap which holds the accessories together
3. Unwrap the control rope from the cleats on the timber bearer
4. With a rope in each hand determine by pulling each down separately the one which enables the accessories to travel out into the room
5. Continue to pull down on this rope still letting the other rope pass through a slightly clenched hand, keeping the ropes separate all the time
6. Once the leading accessory has reached the outermost point on the track, keep the ropes tight and wrap them around the cleat on the wall
7. Prior to use ensure that all accessories hang perpendicular from the track and that there are no visible flaws in any item

TO STORE THE ACCESSORIES

1. To store the accessories, reverse the above operations.
2. Contact Continental Sports for any replacement fittings.

See recommendations in the Continental maintenance manual concerning regular maintenance