

## VOLLEYBALL “INTERNATIONAL” POSTS



When reading the instructions below, please refer to the drawing on the next page

1. The International volleyball post arrangement consists of one post with tension ratchet **A** and one post without **B**.
2. Position the posts over the floor anchors, place the thumbscrews **C** through the holes in the base and tighten the thumbscrews into the anchors until the bases of the posts are held firmly against the floor
3. Select a net height (men's, women's or mini), un-tighten the black and red thumbscrew **D** and slide the net slider up or down until the metal indicator reads off the correct height, then re-tighten the thumbscrew.
4. Attach the net headline on the non-ratchet post to the top metal locating point **E**
5. On the ratchet post pass the headline of the net behind the pulley at the top **F** and attach it to the hook in the ratchet mechanism **G**.
6. Tighten the ratchet mechanism ensuring the locking arm **H** is located in the ratchet teeth to ensure the ratchet operates correctly.
7. When the net is taught, use the telescopic net measuring device **I** located on the side of the non-ratchet post to confirm the exact height. Undertake any necessary adjustment or leveling using the micro-adjusters on each post **J**
8. Tie-off the side net ties on the other metal locating points on the sliders in each post **K**
9. Regularly check all items for wear. If replacements are necessary, contact Continental.

See recommendations in the Continental maintenance manual concerning regular maintenance inspections and reports.

