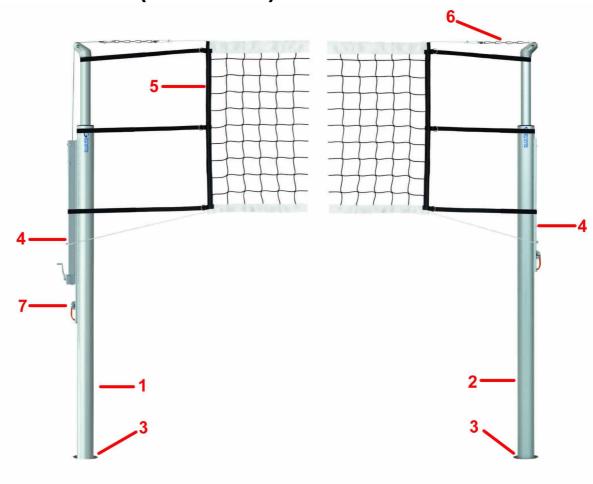




## SRX (TELESCOPIC) VOLLEYBALL POSTS



## **SAFETY REGULATIONS**

In order to reduce the risk of injury and to assure secure functioning of the apparatus, rules mentioned below are to be strictly followed:

- 1. Use this apparatus only under the supervision of a trained and qualified instructor.
- 2. Check this apparatus for proper stability before each training, use it only in perfect technical conditions.
- 3. Always check the apparatus for its correct installation, particularly for the fixation mechanism, before each use. If there are any doubts, do not use the apparatus and get a professional check
- 4. Please consider your own limits and the restrictions of this apparatus.
- 5. Obstructive items or persons in close proximity of the apparatus are not allowed.
- 6. Provide appropriate safety zones in the surroundings of the apparatus.
- 7. Never use the apparatus under the influence of alcohol, medication or drugs.
- 8. Pregnant women or persons with health issues should not use the apparatus.
- 9. Do not attempt to repair any damage to the apparatus yourself but contact your supplier for advice or technical assistance.
- 10. Any unauthorised repair, alternation, removal of parts or change of specifications of the apparatus are strictly prohibited for reasons of safety and will automatically and immediately

and without any prior notice end any warranty or right of compensation in any form whatsoever.

## **GENERAL ADVICE**

The life period of apparatus is limited. Also materials wear after a certain period of time. Please check all parts, which are subject to severe wear and tear, at least once every 3 months. This is mainly relevant for the security of adjustable parts and mechanisms, e.g. rails, bars, rings. Replace any worn off, defective and missing parts. If there are any doubts, ask for advice from one of our specialists.

For security reasons, we suggest to perform a maintenance check of all apparatuses and mats by a specialist, once a year. This check can be part of a yearly or six month safety check.

This apparatus is designed to be used in dry conditions only.

## **ASSEBMBLY AND USE**

The setup and storing of this device may only be undertaken by competent adults who have read and understood the safety regulations of this manual.

- 1. Place both the telescopic post with TCS tensioning system (1) and the post with the net attachment (2) into the floor sockets (3). Make sure the sliding strips (4) point outwards
- 2. Attach one end of the net (5) to the post with the net attachment. Make sure there are some chain links (6) between the attachment to the post and to the net itself.
- 3. Slide the post up to a height of approximately 2.5m (for net height of 2.43m) by lifting the orange lever (7) and sliding it upward, including the telescopic tube. When it reaches the correct height push the lever down again to clamp it.
- 4. Attach the other end of the net to the cable of the TCS tensioning system at the opposite volleyball post. Slide this post also to a height of 2.5m (for net height of 2.43m)

**IMPORTANT NOTE**: The height indication on the post is NOT the height measurement from the floor. This height indication in combination with the one on the net-height adjuster are a helpful calibration tool for future set-ups assuming the posts are used in the same sockets on subsequent uses.

To tension the net, turn the lever clockwise. The correct tension can be read under the position of the steel cable. The correct tension of the Schelde net is indicated with the Schelde logo



**NOTE**: When setting up the volleyball set for the first time the cables may stretch and become too long. Should this occur one or more links can be removed from the chain to achieve the correct tension

6. To tension the bottom of the net, pull the bottom cord around the post under the designated notch. Then secure the cord



7. No check the height of the net. In the centre of the playing field the height should be 2.43m and above the side lines 2.45m. If necessary, this height can be corrected by adjusting the height of the telescopic part of the post or changing the tension of the bottom cord.



8. Use the VELCRO fastener strips to attach the side of the net to the posts.



9. Attach the sleeves of the antennae to the net.

10. When everything is set up and measured correctly, the small orange stickers that are included can be placed on the sliding strips. In the case of the setup described above (2.43m) place the sticker next to the volleyball + "male" symbol. With the same combination of posts and sockets this can now be used for the height adjustment of future setups



**NOTE**: The height indication on the post is not the height measured from the floor. This height indication on the post together with the orange stickers on the sliding strip is an assist for the adjustment of future setups. (Assuming that the same combination of floor sockets and posts are used)

**NOTE**: To disassemble the volleyball set the above steps should be followed in reverse order. Make sure that the tensioning mechanism is turned completely back to remove all tension before removing the net.