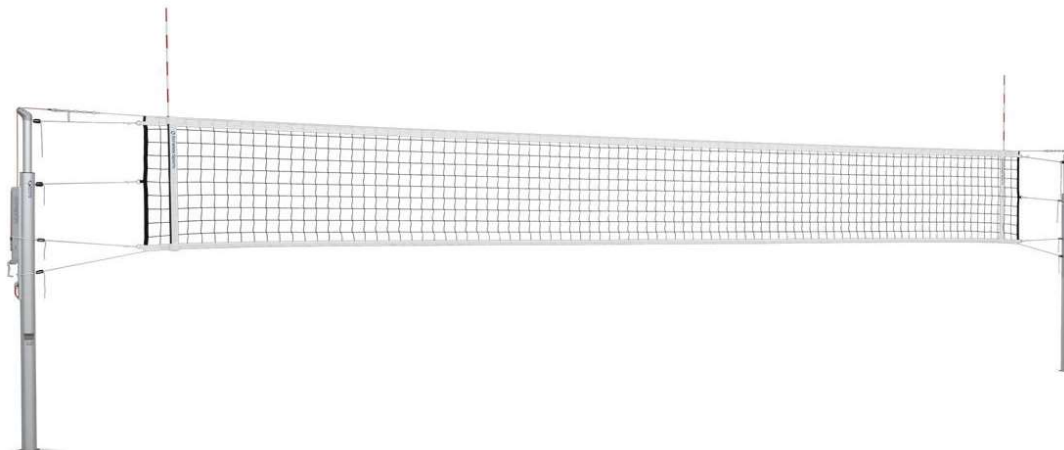


## SRX (TELESCOPIC) VOLLEYBALL POSTS



### SAFETY REGULATIONS

In order to reduce the risk of injury and to assure secure functioning of the apparatus, rules mentioned below are to be strictly followed:

1. Use this apparatus only under the supervision of a trained and qualified instructor.
2. Check this apparatus for proper stability before each training, use it only in perfect technical conditions.
3. Always check the apparatus for its correct installation, particularly for the fixation mechanism, before each use. If there are any doubts, do not use the apparatus and get a professional check.
4. Please consider your own limits and the restrictions of this apparatus.
5. Obstructive items or persons in close proximity of the apparatus are not allowed.
6. Provide appropriate safety zones in the surroundings of the apparatus.
7. Never use the apparatus under the influence of alcohol, medication or drugs.
8. Pregnant women or persons with health issues should not use the apparatus.
9. Do not attempt to repair any damage to the apparatus yourself but contact your supplier for advice or technical assistance.
10. Any unauthorised repair, alternation, removal of parts or change of specifications of the apparatus are strictly prohibited for reasons of safety and will automatically and immediately and without any prior notice end any warranty or right of compensation in any form whatsoever.

### GENERAL ADVICE

The life period of apparatus is limited. Also materials wear after a certain period of time. Please check all parts, which are subject to severe wear and tear, at least once every 3 months. This is mainly relevant for the security of adjustable parts and mechanisms, e.g. rails, bars, rings. Replace any worn off, defective and missing parts. If there are any doubts, ask for advice from one of our specialists.

For security reasons, we suggest to perform a maintenance check of all apparatuses and mats by a specialist, once a year. This check can be part of a yearly or six month safety check.

This apparatus is designed to be used in dry conditions only.

## SETUP

The setup and storing of this device may only be undertaken by competent adults who have read and understood the safety regulations of this manual.



Place (do not drop) both the posts, in the floor sockets and ensure the net height adjusters point outwards.

Attach the net to the post without the tensioning system using the chain attached to the net.



Extend the post to a height of +/- 2.5m (net height 2.43m). This is done by lifting the orange handle and sliding it and the telescopic tube upwards. When the correct height is reached, close the clamp handle.

Attach the other side of the net to the orange Kevlar suspension cable of the post with the tensioning system.



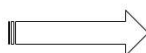
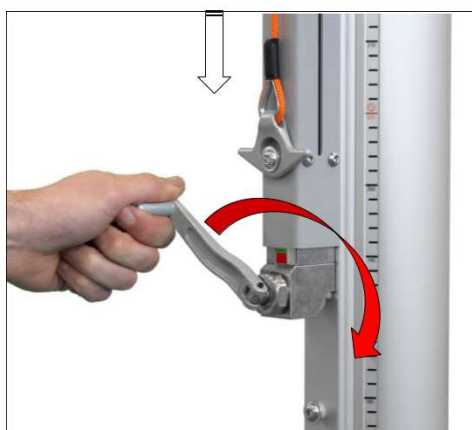
Make sure the tension mechanism is fully released by turning the spindle anti-clockwise to its minimum which ensures there is no tension on the SRX-system.

Extend the post to a height of +/- 2.5m (net height 2.43m)

Pre-tension the net using the cable grip. Pull the orange Kevlar cable and fix the cable grip behind the pawl on the net tension system

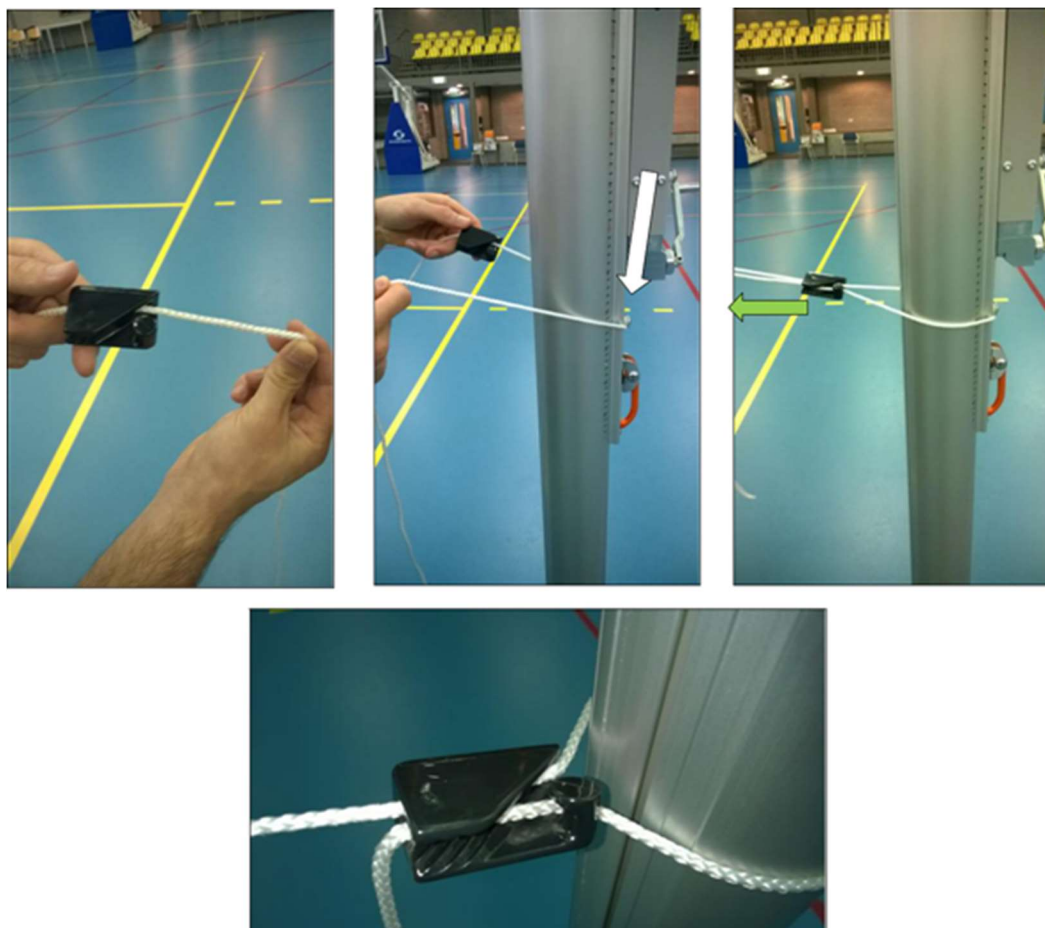
If the pre-tension is insufficient, remove one or more chain links (only necessary at the first set-up)

Further tension the net by turning the spindle clockwise until the green area is in line with the spindle housing

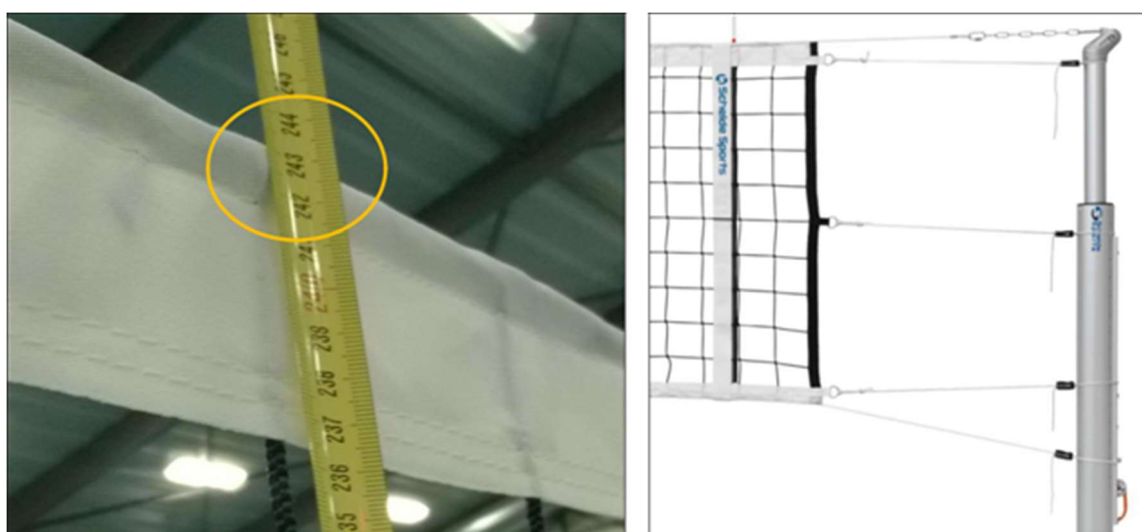


**IMPORTANT CONSIDERATION:** when setting up the posts on subsequent occasions, the orange Kevlar cable might stretch a little which may result in the necessity to remove an additional chain link

In order to tension the bottom edge of the net, run the cord through the clam-bleat as shown and wrap it around the post before running it through the pawl. Then pull the end of the cord to tension and slide the clam-bleat towards the post.



Check the height of the net. At the centre of the court, the net should measure 2.43m and 2.45m over the side-lines. If necessary, correct the height by lowering or raising the telescopic part of the post. Attach the remaining tension cords to the posts.



When setting up the posts for the first time, orange oval stickers can be placed on the net height adjusters at the same height as the volleyball marking on the post to signify the 2.43m net height.

**IMPORTANT NOTE:** The height indication on the post is NOT the height measurement from the floor. This height indication in combination with the one on the net-height adjuster are a helpful calibration tool for future set-ups assuming the posts are used in the same sockets on subsequent uses.

## DISMANTLING

Release all tension cords

Release the net by turning the spindle anti-clockwise to its minimum point

Lower both posts to their lowest positions

Detach the net from the suspension cables and the post without the tension system

